

Immediate Life Support (ILS) Course

Resuscitation Council (UK) accredited

The day-long Resuscitation Council (UK) accredited ILS course aim is to train healthcare personnel in cardiopulmonary resuscitation, simple airway management and safe defibrillation (manual and/or AED), enabling them to manage patients in cardiac arrest until arrival of a cardiac arrest team or the paramedics.

The course is facilitated by an experienced team of Resuscitation Officers, all of whom are Resuscitation Council (UK) Advanced Life Support Instructors with in-depth clinical experience, teaching qualifications and responsibility for responding to clinical cardiac arrest situations. As a team we have clinical backgrounds in pre-hospital care (paramedic), Accident & Emergency, Cardiology, Intensive Care, Paediatrics and Respiratory/Medicine.

A pre-course ILS manual is included and will be posted two weeks prior to the course date.

Course content:

- Theory – The deteriorating patient.
- Initial assessment - ABCDE
- Airway management
- The Advanced Life Support algorithm
- Basic Life Support and Defibrillation
- Practical scenario's
- Continual assessment through-out the course

Course dates	Courses run weekly. Contact Mandy Yates: telephone 01642 282864 mandy.yate@stees.nhs.uk
Duration	One day
Min/Max attendance	6 minimum - 24 maximum candidates
Aimed at	Suitable for health care professionals
Cost	£100
Course lead / Contact	Donna Campbell (Resuscitation Department Manager) donna.campbell@stees.nhs.uk
Certification	An ILS course certificate from the Resuscitation Council (UK) will be posted after successfully completing the course.