

## Basic Life Support (Adults & Children)

**This practical course aims to equip candidates with the knowledge and skills required to assess the need for, and provide basic life support until expert help arrives.**

*The course is facilitated by an experienced team of Resuscitation Officers, all of whom are Resuscitation Council (UK) Advanced Life Support Instructors with in-depth clinical experience, teaching qualifications and responsibility for responding to clinical cardiac arrest situations. As a team we have clinical backgrounds in pre-hospital care (paramedic), Accident & Emergency, Cardiology, Intensive Care, Paediatrics and Respiratory/Medicine.*

**The course covers the management of both adults and children who require resuscitation and is delivered in accordance with the current Resuscitation Council (UK) guidelines.**

Course content:

- Adult basic life support, demonstration and practice
- Paediatric modifications, demonstration and practice
- The management of choking
- The recovery position
- Discussion of issues and advice relevant to individual candidates

Course dates	Courses run regularly and can be arranged at your convenience. Contact Mandy Yates: telephone 01642 282864 <a href="mailto:mandy.yates@stees.nhs.uk">mandy.yates@stees.nhs.uk</a>
Duration	2 hrs
Min/Max attendance	6 minimum – 24 maximum candidates
Aimed at	<b>The course is suitable for non-healthcare staff. Staff working in a healthcare role may find it more appropriate to attend one of our Trust Adult BLS sessions (see BLS for clinical staff).</b>
Cost	£30
Course lead / Contact	Donna Campbell (Resuscitation Department Manager) <a href="mailto:donna.campbell@stees.nhs.uk">donna.campbell@stees.nhs.uk</a>
Certification	Certificate of attendance will be given on the day of the course.