

Anaphylaxis – Recognition and Treatment

This course aims to equip candidates with the knowledge and skills to recognise and treat an acute anaphylactic reaction whilst waiting for expert help.

The course is facilitated by an experienced team of Resuscitation Officers, all of whom are Resuscitation Council (UK) Advanced Life Support Instructors with in-depth clinical experience, teaching qualifications and responsibility for responding to clinical cardiac arrest situations. As a team we have clinical backgrounds in pre-hospital care (paramedic), Accident & Emergency, Cardiology, Intensive Care, Paediatrics and Respiratory/Medicine.

The course covers the management of anaphylaxis in both adults and children and is delivered in accordance with the current Resuscitation Council (UK) guidelines.

Course content:

- Pre-course quiz
- What is anaphylaxis
- Physiological effects
- Essential recognition and immediate treatment
- Emergency IM injection of adrenaline – what to use and how to do it.
- Use of adrenaline auto injectors

Course dates	Courses run regularly and can be arranged at your convenience. Contact Mandy Yates: telephone 01642 282864 mandy.yates@stees.nhs.uk
Duration	One Hour
Min/Max attendance	6 minimum – 24 maximum
Aimed at	Any individual or team who work in an environment where anaphylaxis may be a risk. The course is designed for health care professionals such as doctors, nurses or healthcare assistants; however its content is also suitable for non-healthcare staff.
Cost	£20
Course lead / Contact	Donna Campbell – Resuscitation Manager donna.campbell@stees.nhs.uk
Certification	Certificate of attendance will be given on the day of the course