

Basic Life Support & Automated External Defibrillation (AED)

This practical course aims to equip candidates with the knowledge and skills required to assess the need for, and provide basic life support and use an AED until expert help arrives.

The course is facilitated by an experienced team of Resuscitation Officers, all of whom are Resuscitation Council (UK) Advanced Life Support Instructors with in-depth clinical experience, teaching qualifications and responsibility for responding to clinical cardiac arrest situations. As a team we have clinical backgrounds in pre-hospital care (paramedic), Accident & Emergency, Cardiology, Intensive Care, Paediatrics and Respiratory/Medicine.

The course is relevant to candidates who work in an environment where an automated external defibrillator (AED) is available (such as a shopping centre, leisure centre or factories). The course covers the management of both adults and children who require resuscitation and the use of and the use of an AED. It is delivered in accordance with the current Resuscitation Council (UK) guidelines.

Course content:

- Adult basic life support, demonstration and practice
- Paediatric modifications, demonstration and practice
- The management of choking
- The recovery position
- Discussion of issues and advice relevant to individual candidates
- Automated External Defibrillators (AED'S) – what do they do?
- Automated External Defibrillators (AED'S) – how to use them

Course dates	Courses run regularly and can be arranged at your convenience. Contact Mandy Yates: telephone 01642 282864 mandy.yates@stees.nhs.uk
Duration	3 hrs
Min/Max attendance	6 minimum – 24 maximum candidates
Aimed at	The course is suitable for non-healthcare staff. Healthcare staff can attend but may find it more appropriate to attend one of our Immediate Life Support (ILS) Courses.
Cost	£60
Course lead / Contact	Donna Campbell (Resuscitation Department Manager) donna.campbell@stees.nhs.uk
Certification	Certificate of attendance will be given on the day of the course.